

BEASTMODE
S O C C E R

**2500
TOUCH
EXPLOSION!**

**MORE TOUCHES BETTER BETTER CONTROL AND
MORE CONFIDENCE!**

DAVID COPELAND-SMITH

SKILL DRILL

DAY 27 DAY 28 DAY 29 DAY 30

TENNIS BALL JUGGLING
SKILLS BALL JUGGLING
REGULAR BALL JUGGLING
DYNAMIC TOE TAPS
LATERAL TOE TAPS
LATERAL BELLS
BELL BELL OUTSIDE CHOP
PULLBACK OUTSIDE
SCOOP TOUCH ROLL
L TURN
FAKE SHOT L TURN
L TURN RIP BACK
FIGURE 8
X PULLS
PULL BACK PUSH-OPEN

Great job!

That's 30 days, doing 2500 touches a day.

That's 75000 touches! You're feeling more confident and you're playing with more fire than ever before. Here's the kicker DONT STOP! Keep smashing it.

If you're yearning for more, check out our other total development programs here:

[Beast Mode Soccer Store](#)

Keep the movement going!

-David Copeland-Smith



Hi!

My name is David Copeland-Smith, and I am the founder of Beast Mode Soccer.

I love the fact that you are dedicating yourself to our '2500 Touch Explosion' program. It WILL make the difference in your game, I guarantee it!

I personally train some of the best players in the world, I know what it takes for players to get to the next level, and I'm pumped to be YOUR mentor as well!

Welcome to the Beast Mode Soccer family!

-David

BEASTMODE
SOCCER